

**Bear Pediatrics, LLC**  
**Katie Bittner-Cassett, CRNP**  
2813 Bel Air Rd, Suite 100  
Fallston, MD 21047  
(O) 443-981-3337, (F) 443-981-3286

**ADOLESCENT HEALTH HISTORY QUESTIONNAIRE (ages 13-17)**

Please answer these questions privately. Give this form to your health care provider, who will be willing to discuss it with you. This information will not be shared with your parents unless we have your permission.

Age \_\_\_\_\_ Grade in school \_\_\_\_\_ Today's date \_\_\_\_\_

Who lives in your household? \_\_\_\_\_

Are you attending school? \_\_\_\_\_ What grades do you usually receive? \_\_\_\_\_

What are your future school or job plans? \_\_\_\_\_

Do you take any medicines (including birth control pills, diet pills, laxatives, steroids, vitamins)? \_\_\_\_\_

If yes, what are they? \_\_\_\_\_

Females Only- Start date of last menstrual cycle \_\_\_\_\_ Any issues/concerns w/ your period? \_\_\_\_\_

Have you been feeling sad about anything? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

Have alcohol or drugs caused a problem for you or someone you know? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

Have you used alcohol or drugs? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

How many times a week? \_\_\_\_\_

Do you use tobacco products (smoking, chewing)? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

Have you ever ridden in a car driven by someone (including yourself) who was "high" or drunk? \_\_\_\_\_

Have you considered suicide? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

Have you or anyone in your family been abused/raped/assaulted? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

Are you or any of your friends in a gang? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

Do you ever wonder about being gay? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

Have you ever had sexual relationships (gone all the way) with anyone? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

Do you want more information about birth control? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

Do you have any questions about AIDS or other STDs such as gonorrhea or chlamydia? Please specify:  
\_\_\_\_\_

Are you having problems at home, school, or with friends? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

Are you pleased with your height and weight? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

Has anyone ever touched you in a way that felt uncomfortable to you? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

What do you consider to be methods of safe sex? \_\_\_\_\_

Are there any guns in your home? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

Are you involved in sports? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

Is there anything else you would like to discuss during your visit? Please specify: \_\_\_\_\_

May we share this information with your parents? . . . . . yes \_\_\_\_\_ no \_\_\_\_\_

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date